Informed Consent

I, ____________________________, have been informed by Dr. Novoa that since the distance of the midclavicular line to the Nipple Areolar Complex (NAC) on both sides of my breasts is 24cm, it will be necessary to undergo a Breast Lift (Breast Mastopexy) as well as a Breast Augmentation (Mammaplasty) for satisfactory results.

Dr. Novoa has recommended that I seek the professional opinion of another Cosmetic Surgeon or Plastic Surgeon before undergoing a Saline Implant Mammaplasty.

Dr. Novoa has informed me that he **DOES NOT** perform breast lifts (Mastopexy).

Dr. Novoa has informed me that by limiting my surgery to only a Breast Augmentation, the results of my surgery **will probably not be to my satisfaction**.

Dr. Novoa has informed me that satisfactory results will require three steps:

1. Breast Augmentation (Mammaplasty)
2. Breast Lift (Mastopexy)
3. NAD revision or Areolarplasty

Dr. Novoa has also advised me that I may find it very difficult to make modifications to my surgery at a later date by another Cosmetic Surgeon or Plastic Surgeon since I have chosen to have only a mammaplasty done at this time.